

# Birthday Parties

AT FCGC GYMNASTICS





# Birthday Parties @ FCGC

## Party Structure

Meet and greet guests, then head downstairs for some games and basic stretches followed by a skills session. Head back upstairs for some light snacks and to sing Happy Birthday. Back to the gym floor for some free play time and finally heading back upstairs to eat cake and say farewell.

15 Minutes	Set-up time for Party Host
15 Minutes	Meet and Greet Guests
15 Minutes	Warm Up & Stretches
30 Minutes	Skills Session
20 Minutes	Light Snacks Sing Happy Birthday
20 Minutes	Free Play
20 Minutes	Eat Cake and Farewell



Book via our customer portal



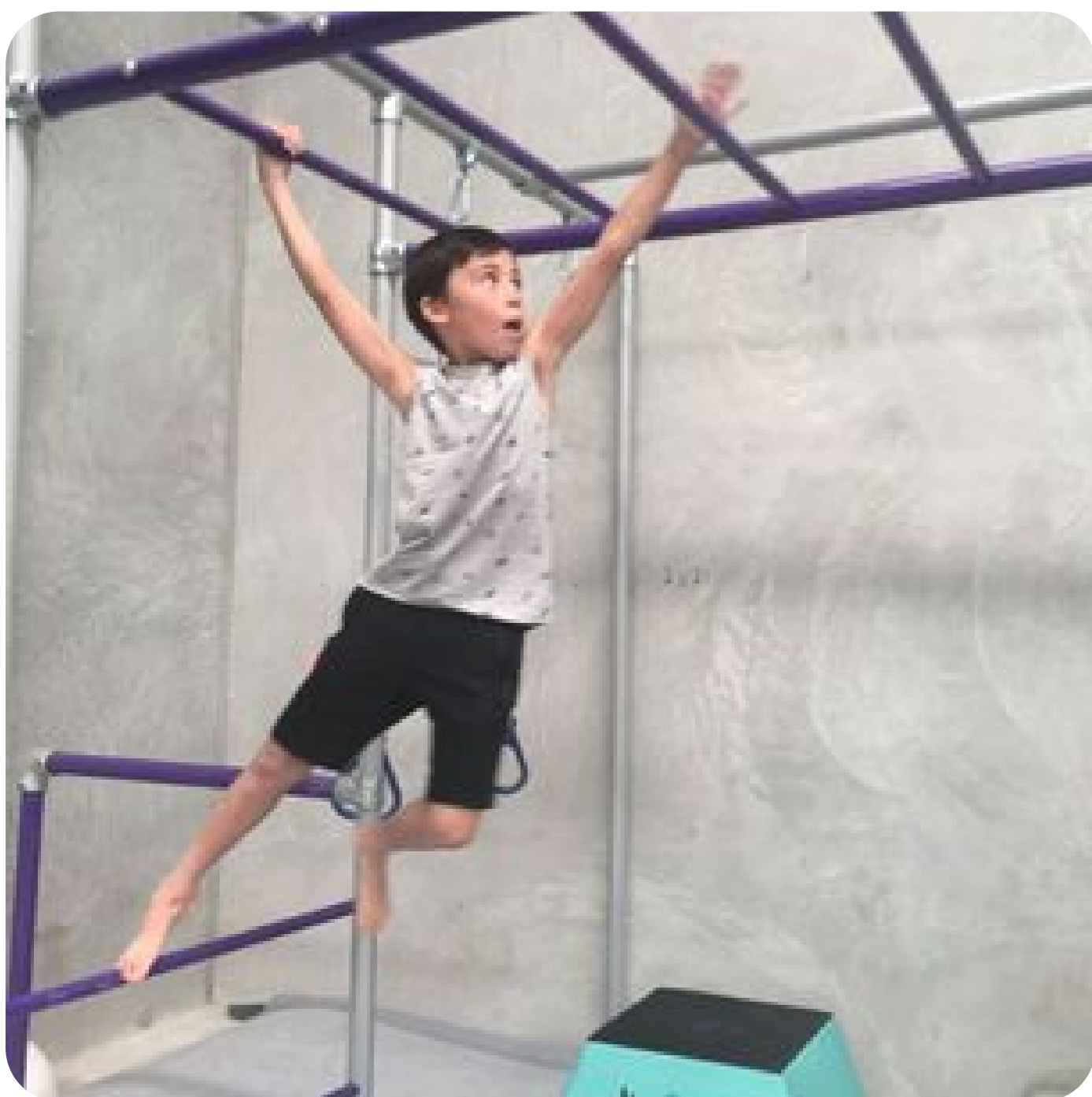
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## Party Themes

For your skills session you have a choice of a gymnastics themed party or a ninja/parkour themed party

### **GYMNASTICS THEME**

Focus on traditional  
gymnastics skills



### **NINJA THEME**

Focus on parkour /  
agility based  
activities

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## Prices & Guests

\$660 (1 - 20 participants)

Participants include the birthday child and any child on the gym floor.

\*please email us if you have more than 20 participants  
[info@fcgc.com.au](mailto:info@fcgc.com.au)

### **Deposit:**

A \$50 non-refundable deposit has will be taken at the time of booking.

The remainder of the balance will be taken 1 week prior to the party.

### **Cancellations:**

In the event you need to cancel your party the \$50 will be credited to your account as long as we have been notified 1 week prior to the party date.

Cancellations within 1 week will receive a credit for the party minus the \$50 deposit.

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## Light Snacks & Cake

We recommended light party snacks because there is 20 minutes of food time (this includes singing Happy Birthday).

You can cut the cake when guests return to the gym for free play. Cake should be ready to eat at the end of the free play.



We have a  
fridge, tables  
and chairs  
available for you  
to use.

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